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Fast-tracktherapy.com

Office Hours

7am-7pm Monday - Friday

Patient: _____ **Date:** _____

Diagnosis: _____ **DOB:** _____

Precautions: _____ **Phone:** _____

Freq/Duration _____ **As indicated by therapist** _____

____ **PT** **PHYSICIAN'S ORDERS:** ____ **OT**

- ____ **Evaluate and Treat**
- ____ **Therapeutic Exercise**
 - Strengthening
 - PROM/AROM
 - Endurance
- ____ **Home Exercise Program**
- ____ **Manual Therapy**
 - Joint Mobilization
 - ASTM/Graston/CFM
 - Myofascial Release
 - Muscle Energy Techniques
 - McKenzie Spine Method
- ____ **Trigger Point Dry Needling**
- ____ **Lumbar Stabilization**
- ____ **Traction (Cervical/Lumbar)**
- ____ **Gait Training**
- ____ **Balance**
- ____ **Vertigo/BPPV treatment**

- ____ **Edema Mgmt.**
 - Int. Compression Pump
 - Compression Garment Fitting
- ____ **Orthotics (custom)**
- ____ **TENS Unit Fitting**
- ____ **Modalities as indicated**
 - ____ Iontophoresis w/Dex
 - ____ Ultrasound/Phonophoresis
 - ____ Electrical Stim/Thermo Stim
 - ____ Moist Heat/Cryotherapy
 - ____ Paraffin Bath
 - ____ Anodyne Therapy/Infrared
 - ____ Class IV Laser
- ____ **FCE: Functional Cap Evaluation**
- ____ **Other**

I certify this treatment as medically necessary.

Physician's Signature: _____ **Date:** _____